

Simple Sewing: Heart Shaped Pot Holder

What's Included:

- Plain 100% cotton fabric
- Patterned 100% cotton fabric
- Two pieces of cotton batting
- Bias Tape
- Pattern
- Pins, needles, & thread if hand sewing

What's Not Included:

- Pins, needles, & thread if machine sewing
- Scissors
- Pen or pencil

Instructions:

1. First begin by cutting out the fabric using the pattern provided. You will need,
 - a. Two large hearts in the solid color fabric.
 - b. Two large hearts in the cotton batting fabric.
 - c. Four half hearts in the patterned fabric
2. Next, take one of the large hearts and lay it with the right side facing down, then place the two heart cotton batting pieces on top, finish with the second large heart piece with the wrong side facing down. This should be a layering sandwich idea. Pin all the layers down so they do not shift. (See *Figure 1*)
3. If machine sewing, change the stitches to a tight zigzag stitch. Zigzag stitch around the edge of the heart and put aside. (See *Figure 2*)
4. Now we will work on the half heart pieces. You should have four pieces total. Place each side of the half hearts facing the wrong sides together. Unfold the bias tape and place the raw flat edge inside the crease of the bias tape. Pin and stitch this down using a straight stitch. (See *Figure 3*)
5. Align the top curves of the half heart with the full heart and pin down. Stitch along the edge with a



Figure 1.



Figure 2.



straight stitch to tack down the edges of the half heart to the full heart. (See *Figure 4*)

6. Take the remaining bias tape and place the edge of the heart in the crease. Stitch down with a straight stitch. This will be somewhat fiddely, go slow with the machine to get the best result.
7. Done!

Figure 3.



Figure 4.

